

Scrutiny Review of Stockton-on-Tees Adult Carers Support Service

NHS North East and North Cumbria Integrated Care Board

Committee lines of enquiry:

- What roles / responsibilities do ICBs have in relation to adult carers?
- What strategic oversight does the NENC ICB have on support for adult carers; what does this involve?
- Does the NENC ICB highlight / raise awareness of support for adult carers? If so, how / how often (include examples)?
- Examples / knowledge of good practice within the NENC ICB footprint around adult carers support.
- What are the implications for the NENC ICB / health partners of the new 10-Year Health Plan for England in relation to support for carers? What plans are / will have to be in place to fulfil any obligations?
- Any views on key areas of future focus relating to this scrutiny topic (e.g. existing challenges that need to be addressed)?

NENC ICB does not have any direct responsibilities in this area however we can demonstrate that we work collaboratively at a local level with local authority and system partners to support the adult carers agenda. There is no ICB strategy as such as we do not have direct responsibility for the commissioning of services. The ICB Local Delivery Teams work in collaboration with our LAs in the development of BCF plans, which specifically include reflections on, and services for, carers. These plans are developed based on local need across each LA and the ICB collaborates to support the design of these plans. The ICB is a member of each Health and Well Being Board plus holds Place Sub Committees where there is the ability to discuss health and social care challenges and opportunities and is a forum for partnership working.

The NHS under the Health and Care Act 2022, legally required to involve unpaid carers in decisions about the care and treatment of the individuals they support. This includes participation in the planning and delivery of care, as well as in discharge planning from hospital settings.

The current NHS long term plan highlights best practice in identifying carers and providing them with appropriate support, including breaks NHS providers are encouraged to record whether someone is a carer in their GP record. Primary Care (General Practice) as part of their CQC inspection look at how effectively carers are supported including involving people in decisions about their care and that is personalised and responsive and personalised to their needs .

Locally, the NENC ICB / ICP Joint Strategy specifies a key programme aim of 'working to identify and support more people who are providing unpaid care within the region':

<https://northeastnorthcumbria.nhs.uk/media/ifgjdfjx/integrated-care-strategy-better-health-and-wellbeing.pdf>

Carers, and their role across health will be picked up in emerging Neighbourhood Health Plans which are being led by Local Authorities. The ICB will again collaborate and contribute towards these plans and which has requirement to pull together a population health improvement plan, which will reflect local Neighbourhood Health priorities amongst a range of other ICB priority areas.

*NENC ICB
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